

# WYNSENIOR Timetable

## AquaPulse

Commencing Wednesday, 24th November 2021

TIME	TUESDAY	WEDNESDAY	THURSDAY
11AM	WYNSENIOR ACTIVE ADULTS (45) Main Studio Ronnie		WYNSENIOR ACTIVE ADULTS (45) Main Studio Ronnie
1130AM		WYNSENIOR WARM WATER WALKING (45) Warm Water Pool Benita	

# WYNSENIOR Timetable

## Eagle Stadium

Commencing Wednesday, 24th November 2021

TIME	MONDAY	TUESDAY	THURSDAY	FRIDAY
1045AM	WYNSENIOR BODYBALANCE (45) Main Studio Kat			
11AM		WYNSENIOR ACTIVE ADULTS (45) Main Studio Benita		
1130AM				WYNSENIOR ACTIVE ADULTS (45) Main Studio Benita
12PM			WYNSENIOR PILATES (45) Main Studio Roxanne	